

Joining the Virtual Annual NEALS Meeting



Welcome to the Virtual Annual NEALS Meeting!

Please review the instructions below for information on:

- Navigating the Virtual Annual Meeting Dashboard
- Joining Livestream Sessions
- Joining the Virtual poster Session
- Connecting with Other Meeting Participants

Navigating the Virtual Annual Meeting Dashboard

1

Navigate to <https://live.fourwaves.com/2026nealsmtg>

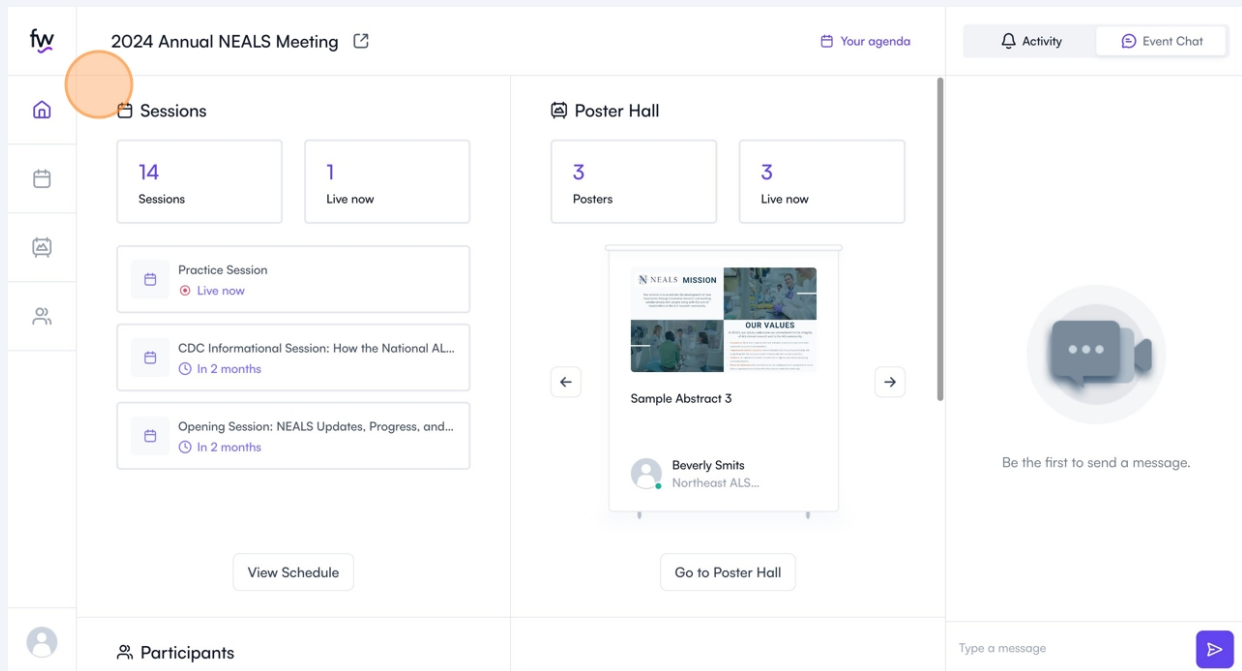
If you've forgotten your password or haven't activated your account:

1. Visit the [Account Activation/Get a New Password page](#).
2. Enter the email you used to register.
3. You'll receive a link to activate your account and set your password for

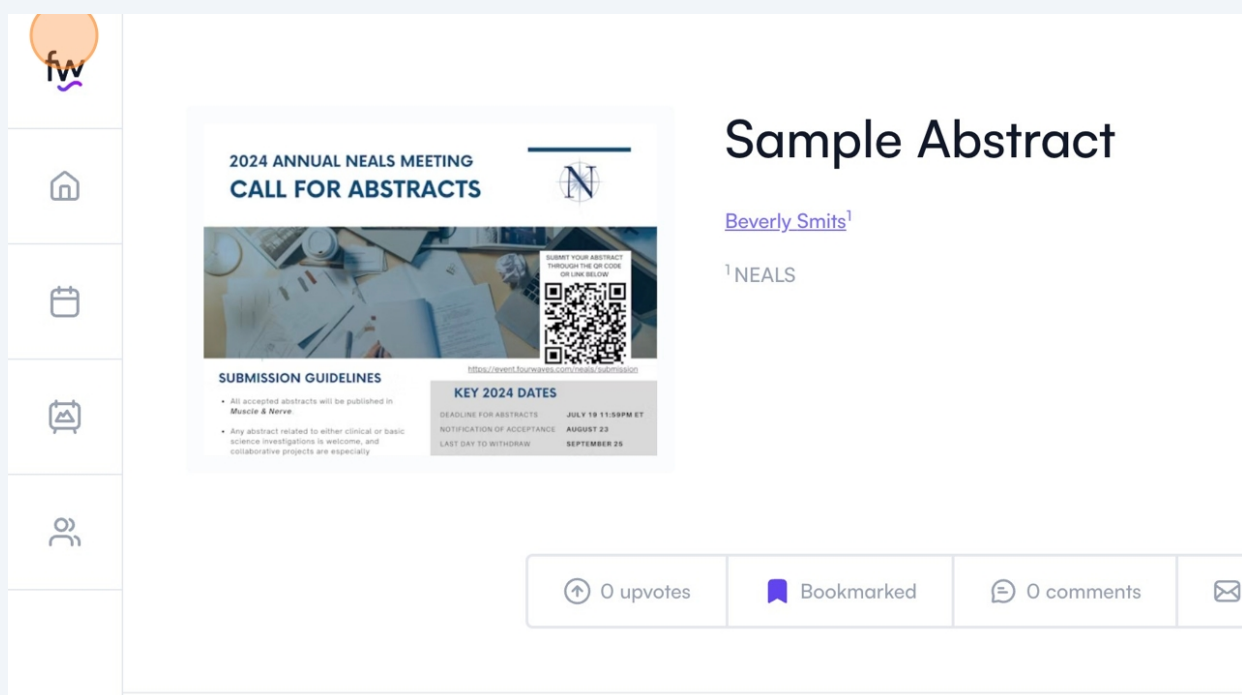
2 Welcome to the main dashboard for the Virtual Annual Meeting!

Here you'll view and join the Annual Meeting sessions, participate in the virtual poster session, and connect with other meeting participants.

The icons on the left will take you to the day to day schedule, the virtual poster hall, and list of participants.



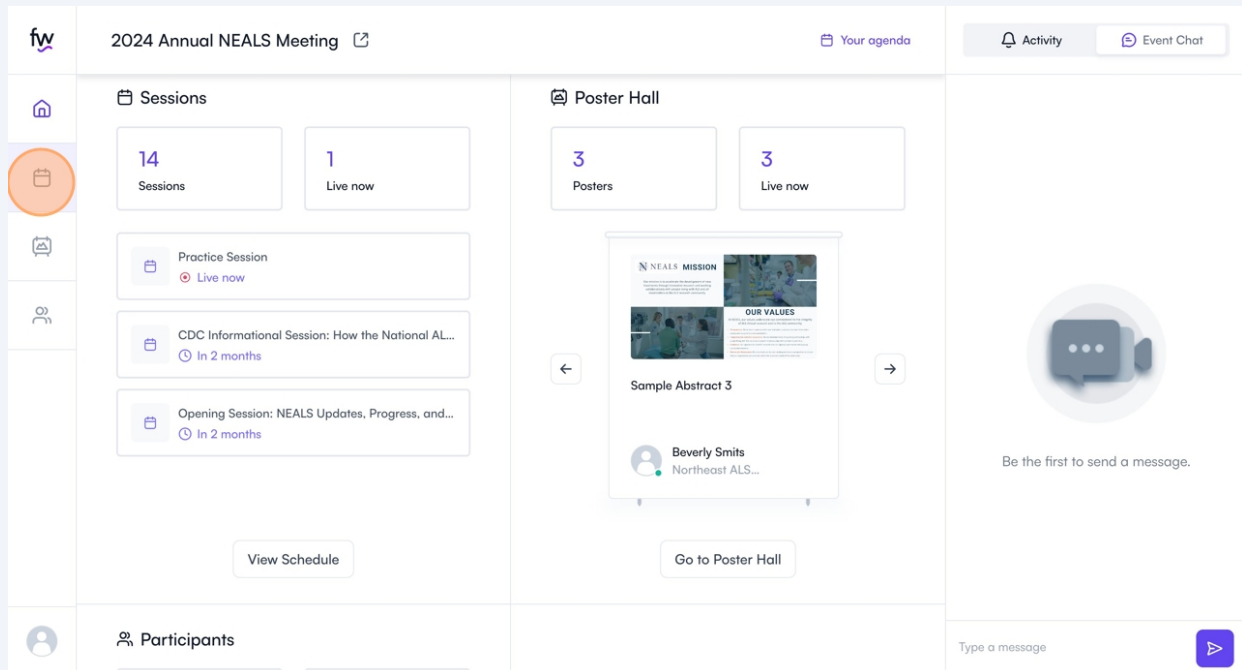
3 Clicking on the "fw" logo will bring you back to the main dashboard for the Virtual Annual Meeting.



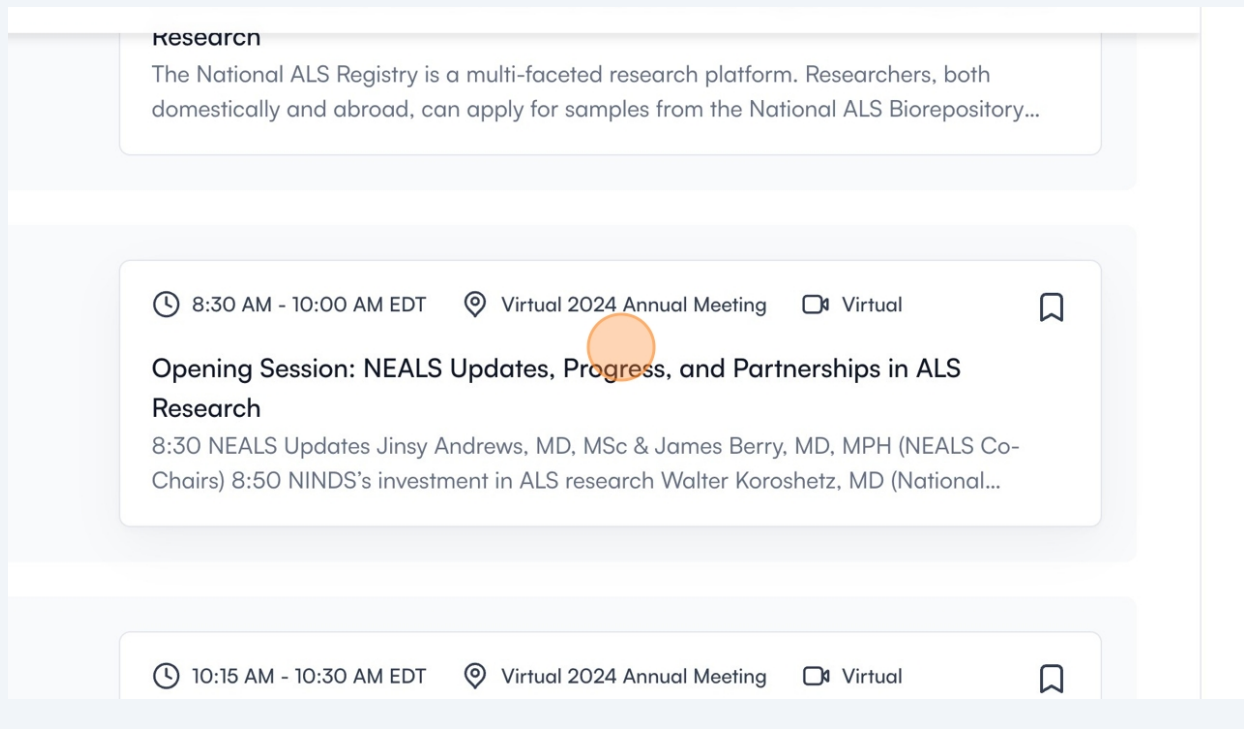
Joining the Livestream Sessions

4

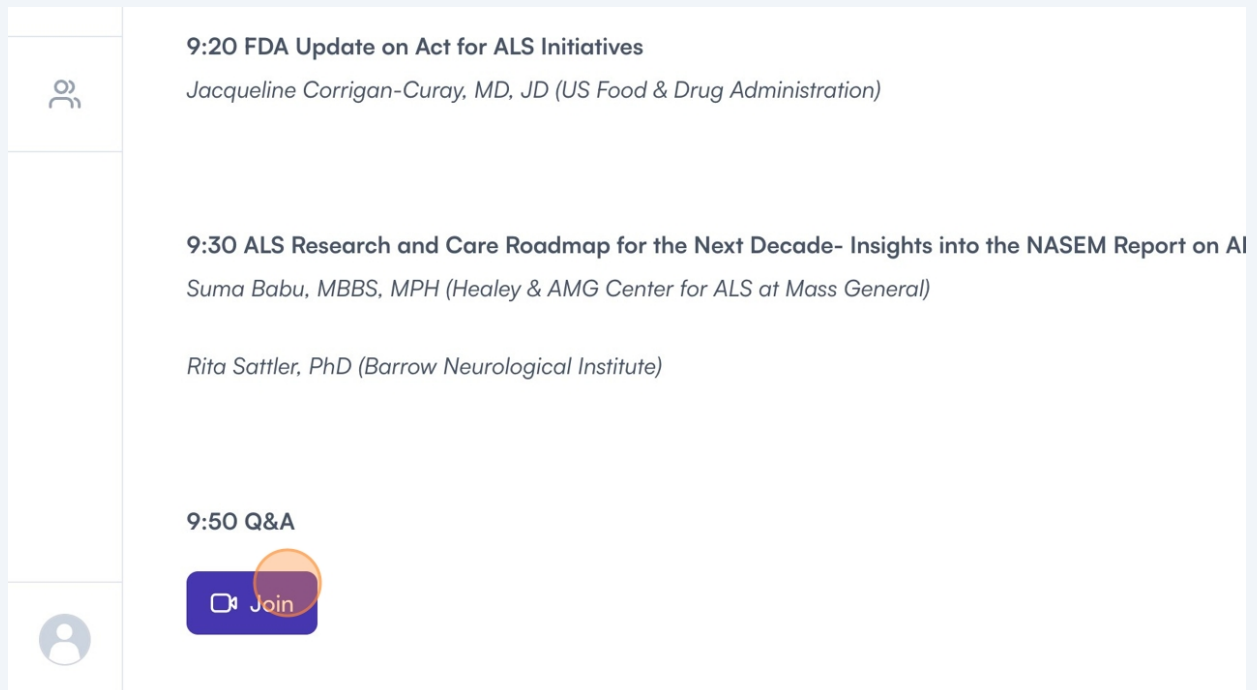
Click the calendar icon or on the "View Schedule" button to view the full schedule of virtual sessions.



5 Find the day and session you're interested in joining.



6 When the session is about to begin, scroll to the bottom of the description, click "Join", and allow Zoom to launch.



Joining the Virtual Poster Session

7

Click the poster icon or on the "Go to Poster Hall" button (found on the main dashboard or abstract session) to view the full schedule of virtual sessions.

Schedule

Search by session title, topic, or other

Virtual | Happening now | Bookmarked

Thursday Aug. 22

Tuesday Oct. 22

Wednesday Oct. 23

Thursday Oct. 24

12:30 AM
America/New_York

🕒 12:30 AM - 11:59 PM EDT 📍 Virtual Poster Session 🖥️ Virtual

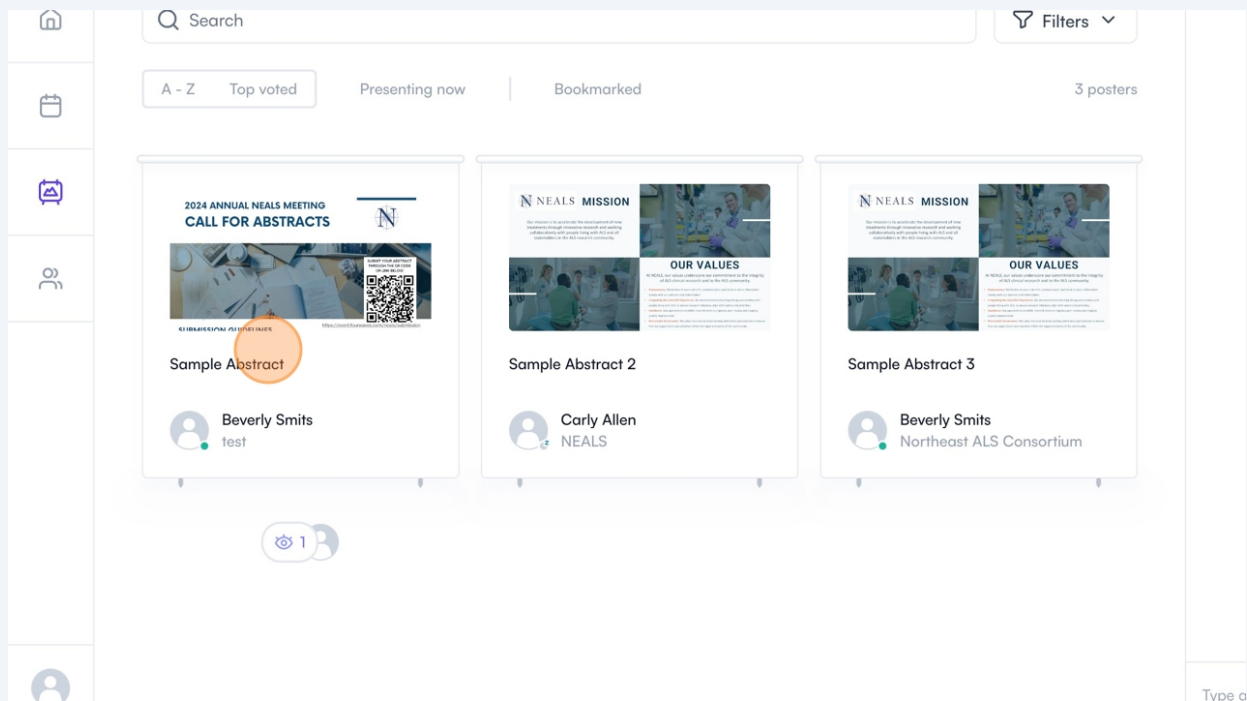
Practice Session

3 🗓️ [Go to Poster Hall](#) 🔴 Live now

8

Here you'll be able to view all abstracts and sort by those currently presenting, and any abstracts you've bookmarked.

Select the poster you're interesting in visiting. You'll be able to view the poster, read the abstract, and virtually connect with the author to ask questions and learn more.



9

To view the poster and abstract, click "View presentation".



10 To virtually connect with the author, click "Join conversation".

The screenshot shows the NEALS submission guidelines page. At the top right is a QR code and a URL: <https://event.fourwaves.com/neals/submission>. The main content is divided into two columns. The left column is titled "SUBMISSION GUIDELINES" and lists several bullet points regarding abstract submission. The right column is titled "KEY 2024 DATES" and lists various deadlines and dates. Below these columns are three award categories: "BASIC SCIENCE ABSTRACT AWARD", "CLINICAL INVESTIGATION ABSTRACT AWARD", and "UMN ACHIEVEMENT AWARD". At the bottom, there is a footer with contact information and a red button labeled "Join conversation" which is circled in red.

SUBMISSION GUIDELINES

- All accepted abstracts will be published in *Muscle & Nerve*.
- Any abstract related to either clinical or basic science investigations is welcome, and collaborative projects are especially encouraged.
- Each abstract should be limited to 350 words and contain the background, hypothesis, methods, results to date (if ongoing) and discussion/conclusions.
- Individuals may submit more than one abstract.
- All abstracts will be reviewed for presentation as either a formal platform presentation on October 24th (15 minutes, to be presented in-person during the Abstract Platform Presentations session) OR as a poster.

KEY 2024 DATES

DEADLINE FOR ABSTRACTS	JULY 19 11:59PM ET
NOTIFICATION OF ACCEPTANCE	AUGUST 23
LAST DAY TO WITHDRAW	SEPTEMBER 25
PUBLICATION DATE	OCTOBER 17
VIRTUAL POSTER SUBMISSION	OCTOBER 18
POSTER SESSION 1	OCTOBER 22
POSTER SESSION 2	OCTOBER 23

Accepted poster presenters are required to have at least one representative attend the NEALS Annual Meeting in person to present. Failure to present the accepted poster may result in the inability to submit a poster presentation the following year.

Non-presenter attendees will have the option to attend the meeting either virtually or in-person.

BASIC SCIENCE ABSTRACT AWARD

CLINICAL INVESTIGATION ABSTRACT AWARD

UMN ACHIEVEMENT AWARD

For more information contact Beverly Smits (b-smits@neals.org)

Annual Meeting website: meeting.neals.org

Presented by Beverly Smits

Join conversation

11 Review the prompts and click "I'm ready, let me in!"

The screenshot shows a virtual meeting interface. On the left is a video feed of a person. On the right is a dark blue panel with a list of prompts, each preceded by a green checkmark. Below the list is a button labeled "I'm ready, let me in!" which is circled in red. At the bottom of the screen is a toolbar with icons for video, microphone, screen sharing, settings, and a red button with a white icon.

- ✓ Wear headphones.
- ✓ Mute yourself when not talking.
- ✓ Your camera or microphone don't work? [Learn how](#)
- ✓ To share your screen on Mac OS, give your OS permission. [Learn how](#)

The room is empty when you enter? Give the presenter some time to join you.

I'm ready, let me in!

Video, Microphone, Screen Sharing, Settings, End Meeting

12 Live chat is available for both participants and authors.

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Chat

13 To leave the poster, select the red button in your navigation bar.

Note: You're able to revisit and rejoin at any time during the poster session.

0 upvotes Bookmarked 0 comments Contact

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Leave call

Scheduled in 2 sessions

Live chat i and autho

Connecting with Other Meeting Participants

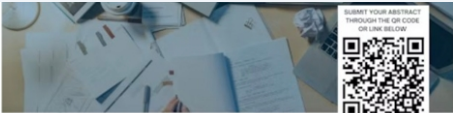
14 Find and click on the icon of people.











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 0 upvotes

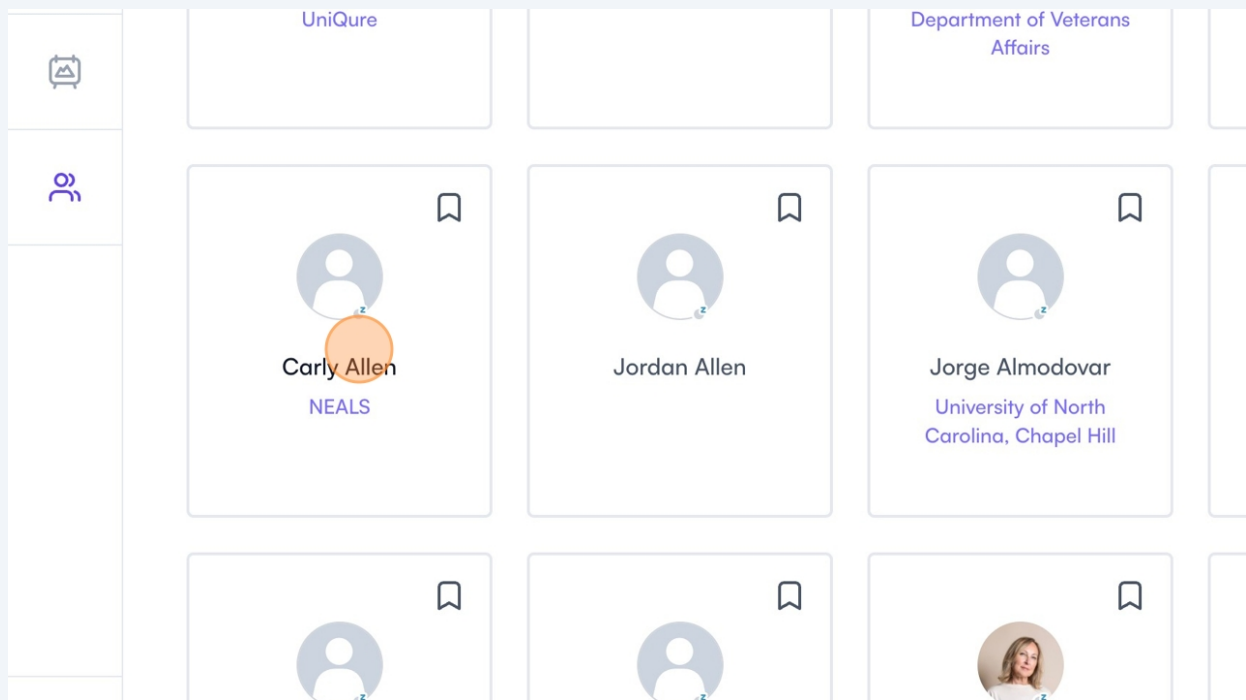
 Bookmarked

 0 comments



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15 Find and select the individual you'd like to connect with.



16 Here you'll be able to email and chat directly with them. You'll also be able to see any posters they are connected with.

